

## TOP 10 - 2023

Opdateret til og med 31. december 2023

### Herrer

| Navn                    | Årg  | Tid      | Dato    | Sted       |          | Navn                    | Årg  | Tid      | Dato    | Sted      |          |
|-------------------------|------|----------|---------|------------|----------|-------------------------|------|----------|---------|-----------|----------|
| Kortbane                |      |          |         |            | 50 Fri   | Langbane                |      |          |         |           |          |
| Frederik Venø Elling    | 2003 | 00:23.57 | 17. dec | Greve      | AT Nr. 3 | Frederik Venø Elling    | 2003 | 00:25.15 | 25. nov | Herning   |          |
| Frederik Rantzau Vejvad | 2007 | 00:24.08 | 17. dec | Greve      |          | Simon Gaarde            | 2007 | 00:25.27 | 13. maj | Aarhus    |          |
| Simon Gaarde            | 2007 | 00:24.26 | 06. okt | Hjørring   |          | Emil Togsverd           | 2005 | 00:25.53 | 04. jul | Gladsaxe  |          |
| Emil Togsverd           | 2005 | 00:24.59 | 13. jan | Silkeborg  |          | Mikkel Mølgaard         | 2003 | 00:25.70 | 25. nov | Herning   |          |
| Mikkel Mølgaard         | 2003 | 00:25.00 | 20. maj | Esbjerg    |          | Frederik Rantzau Vejvad | 2007 | 00:25.82 | 25. mar | Herning   |          |
| Oliver Christensen      | 2003 | 00:25.06 | 16. dec | Greve      |          | Noah Bie Bock           | 2008 | 00:26.43 | 25. nov | Herning   |          |
| Dennis Kinnerup         | 1988 | 00:25.33 | 29. apr | Ringe      |          | Oliver Christensen      | 2003 | 00:26.85 | 25. nov | Herning   |          |
| Noah Bie Bock           | 2008 | 00:25.94 | 18. nov | Vallensbæk |          | Magnus Rantzau Vejvad   | 2008 | 00:27.76 | 28. jun | Holstebro |          |
| David Adelskov          | 1987 | 00:26.02 | 13. jan | Silkeborg  |          | Oliver Hallenberg       | 2011 | 00:29.03 | 25. nov | Herning   |          |
| Magnus Rantzau Vejvad   | 2008 | 00:26.15 | 06. okt | Hjørring   |          | Malte Haun              | 2010 | 00:29.05 | 25. nov | Herning   |          |
| Kortbane                |      |          |         |            | 100 Fri  | Langbane                |      |          |         |           |          |
| Mikkel Mølgaard         | 2003 | 00:51.89 | 14. dec | Greve      | AT Nr. 5 | Frederik Venø Elling    | 2003 | 00:53.69 | 03. apr | Bellahøj  | AT Nr. 4 |
| Frederik Venø Elling    | 2003 | 00:52.11 | 14. jan | Silkeborg  | AT Nr. 6 | Mikkel Mølgaard         | 2003 | 00:54.34 | 24. jun | Nr.Sundby | AT Nr. 8 |
| Frederik Rantzau Vejvad | 2007 | 00:52.39 | 17. dec | Kiel       | AT Nr. 8 | Emil Togsverd           | 2005 | 00:55.06 | 03. apr | Bellahøj  |          |
| Simon Gaarde            | 2007 | 00:52.69 | 15. dec | Greve      |          | Simon Gaarde            | 2007 | 00:57.46 | 13. maj | Aarhus    |          |
| Emil Togsverd           | 2005 | 00:53.54 | 21. maj | Esbjerg    |          | Zilas Vilsen            | 2006 | 00:58.30 | 25. nov | Herning   |          |
| Dennis Kinnerup         | 1988 | 00:56.48 | 29. apr | Ringe      |          | Magnus Rantzau Vejvad   | 2008 | 00:59.16 | 25. nov | Herning   |          |
| Zilas Vilsen            | 2006 | 00:56.61 | 21. maj | Esbjerg    |          | Noah Bie Bock           | 2008 | 01:00.25 | 29. jun | Holstebro |          |
| Magnus Rantzau Vejvad   | 2008 | 00:57.33 | 15. sep | Horsens    |          | Luca Stammose Mensberg  | 2009 | 01:03.25 | 26. mar | Herning   |          |
| Oliver Christensen      | 2003 | 00:57.74 | 14. jan | Silkeborg  |          | Malte Haun              | 2010 | 01:06.61 | 14. maj | Aarhus    |          |
| Noah Bie Bock           | 2008 | 00:57.79 | 10. dec | Aarhus     |          | Oliver Odgaard          | 2009 | 01:07.35 | 25. nov | Herning   |          |
| Kortbane                |      |          |         |            | 200 Fri  | Langbane                |      |          |         |           |          |
| Mikkel Mølgaard         | 2003 | 01:53.90 | 15. dec | Greve      | AT Nr. 3 | Mikkel Mølgaard         | 2003 | 01:58.40 | 02. apr | Bellahøj  | AT Nr. 6 |
| Frederik Venø Elling    | 2003 | 01:56.53 | 06. okt | Hjørring   |          | Frederik Venø Elling    | 2003 | 01:58.48 | 24. nov | Herning   | At Nr. 7 |
| Emil Togsverd           | 2005 | 02:00.67 | 13. jan | Silkeborg  |          | Zilas Vilsen            | 2006 | 02:05.23 | 05. jul | Gladsaxe  |          |
| Simon Gaarde            | 2007 | 02:01.25 | 17. sep | Horsens    |          | Simon Gaarde            | 2007 | 02:06.07 | 03. mar | Aarhus    |          |
| Zilas Vilsen            | 2006 | 02:01.93 | 27. okt | Ikast      |          | Emil Togsverd           | 2005 | 02:09.98 | 22. jan | Vejle     |          |
| Oliver Christensen      | 2003 | 02:06.92 | 17. sep | Horsens    |          | Magnus Rantzau Vejvad   | 2008 | 02:14.30 | 24. nov | Herning   |          |
| Noah Bie Bock           | 2008 | 02:08.66 | 10. dec | Aarhus     |          | Noah Bie Bock           | 2008 | 02:14.31 | 24. nov | Herning   |          |
| Frederik Rantzau Vejvad | 2007 | 02:08.69 | 17. sep | Horsens    |          | Frederik Rantzau Vejvad | 2007 | 02:18.95 | 22. jan | Vejle     |          |
| Magnus Rantzau Vejvad   | 2008 | 02:10.21 | 19. maj | Esbjerg    |          | Luca Stammose Mensberg  | 2009 | 02:19.90 | 24. nov | Herning   |          |
| Luca Stammose Mensberg  | 2009 | 02:14.00 | 27. okt | Ikast      |          | Oliver Odgaard          | 2009 | 02:22.88 | 24. nov | Herning   |          |

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Opdateret til og med 31. december 2023

### Herrer

| Navn                        | Årg         | Tid             | Dato           | Sted           |                 | Navn                   | Årg  | Tid      | Dato    | Sted    |
|-----------------------------|-------------|-----------------|----------------|----------------|-----------------|------------------------|------|----------|---------|---------|
| Kortbane                    |             |                 |                |                | 400 Fri         | Langbane               |      |          |         |         |
| <b>Frederik Venø Elling</b> | <b>2003</b> | <b>04:08.41</b> | <b>16. sep</b> | <b>Horsens</b> | <b>AT Nr. 9</b> | Zilas Vilsen           | 2006 | 04:27.79 | 03. mar | Aarhus  |
| Mikkel Mølgaard             | 2003        | 04:10.47        | 19. dec        | Silkeborg      |                 | Emil Togsverd          | 2005 | 04:39.23 | 21. jan | Vejle   |
| Zilas Vilsen                | 2006        | 04:19.68        | 29. okt        | Ikast          |                 | Noah Bie Bock          | 2008 | 04:58.02 | 25. nov | Herning |
| Emil Togsverd               | 2005        | 04:35.63        | 16. sep        | Horsens        |                 | Luca Stammose Mensberg | 2009 | 05:00.27 | 25. nov | Herning |
| David Adelskov              | 1987        | 04:39.20        | 29. apr        | Ringe          |                 | Magnus Rantzau Vejvad  | 2008 | 05:12.52 | 25. mar | Herning |
| Noah Bie Bock               | 2008        | 04:41.89        | 29. okt        | Ikast          |                 | Malte Haun             | 2010 | 05:33.39 | 25. mar | Herning |
| Frederik Rantzau Vejvad     | 2007        | 04:46.21        | 16. sep        | Horsens        |                 | Frede Holler           | 2010 | 06:19.08 | 25. nov | Herning |
| Kasper Hansen               | 2004        | 04:47.74        | 14. jan        | Silkeborg      |                 | Frederik Hammer        | 2011 | 06:31.51 | 25. nov | Herning |
| Oliver Odgaard              | 2009        | 05:01.82        | 17. sep        | Horsens        |                 |                        |      |          |         |         |
| Oliver Hallenberg           | 2011        | 05:14.10        | 25. feb        | Kolding        |                 |                        |      |          |         |         |

|          |  |  |  |  |         |              |      |          |         |         |
|----------|--|--|--|--|---------|--------------|------|----------|---------|---------|
| Kortbane |  |  |  |  | 800 Fri | Langbane     |      |          |         |         |
|          |  |  |  |  |         | Zilas Vilsen | 2006 | 09:25.98 | 25. feb | Herning |

|                       |      |          |         |            |          |          |  |  |  |  |
|-----------------------|------|----------|---------|------------|----------|----------|--|--|--|--|
| Kortbane              |      |          |         |            | 1500 Fri | Langbane |  |  |  |  |
| Zilas Vilsen          | 2006 | 17:32.91 | 18. nov | Vallensbæk |          |          |  |  |  |  |
| Magnus Rantzau Vejvad | 2008 | 19:11.47 | 18. nov | Vallensbæk |          |          |  |  |  |  |

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Opdateret til og med 31. december 2023

### Herrer

| Navn                         | Årg         | Tid             | Dato           | Sted           |                  | Navn                         | Årg         | Tid             | Dato           | Sted             |                 |
|------------------------------|-------------|-----------------|----------------|----------------|------------------|------------------------------|-------------|-----------------|----------------|------------------|-----------------|
| Kortbane                     |             |                 |                |                | 50 Ryg           | Langbane                     |             |                 |                |                  |                 |
| <b>Simon Gaarde</b>          | <b>2007</b> | <b>00:25.48</b> | <b>05. nov</b> | <b>Esbjerg</b> | <b>AT Nr. 2</b>  | <b>Simon Gaarde</b>          | <b>2007</b> | <b>00:27.50</b> | <b>02. apr</b> | <b>Bellahøj</b>  | <b>AT Nr. 2</b> |
| Emil Togsverd                | 2005        | 00:28.03        | 15. sep        | Horsens        |                  | <b>Frederik Venø Elling</b>  | <b>2003</b> | <b>00:28.15</b> | <b>13. maj</b> | <b>Aarhus</b>    | <b>AT Nr. 5</b> |
| Magnus Rantzau Vejvad        | 2008        | 00:28.23        | 10. dec        | Aarhus         |                  | Magnus Rantzau Vejvad        | 2008        | 00:29.96        | 25. nov        | Herning          |                 |
| Oliver Christensen           | 2003        | 00:29.46        | 01. okt        | Berlin         |                  | Frederik Rantzau Vejvad      | 2007        | 00:30.38        | 02. jul        | Gladsaxe         |                 |
| Mikkel Mølgaard              | 2003        | 00:30.58        | 01. okt        | Berlin         |                  | Oliver Christensen           | 2003        | 00:30.93        | 25. nov        | Herning          |                 |
| Frederik Rantzau Vejvad      | 2007        | 00:30.68        | 14. jan        | Silkeborg      |                  | Oliver Hallenberg            | 2011        | 00:33.44        | 25. nov        | Herning          |                 |
| Zilas Vilsen                 | 2006        | 00:30.74        | 15. sep        | Horsens        |                  | Luca Stammose Mensberg       | 2009        | 00:34.71        | 13. maj        | Aarhus           |                 |
| Noah Bie Bock                | 2008        | 00:31.31        | 28. okt        | Ikast          |                  | Oliver Odgaard               | 2009        | 00:34.99        | 25. nov        | Herning          |                 |
| Luca Stammose Mensberg       | 2009        | 00:31.68        | 28. okt        | Ikast          |                  | Malte Haun                   | 2010        | 00:38.24        | 25. mar        | Herning          |                 |
| Oliver Hallenberg            | 2011        | 00:33.68        | 28. okt        | Ikast          |                  | Silas Sejr Elgaard Jørgensen | 2011        | 00:39.04        | 25. nov        | Herning          |                 |
| Kortbane                     |             |                 |                |                | 100 Ryg          | Langbane                     |             |                 |                |                  |                 |
| <b>Simon Gaarde</b>          | <b>2007</b> | <b>00:55.25</b> | <b>04. nov</b> | <b>Esbjerg</b> | <b>AT Nr. 2</b>  | <b>Simon Gaarde</b>          | <b>2007</b> | <b>00:59.29</b> | <b>04. apr</b> | <b>Bellahøj</b>  | <b>AT Nr. 2</b> |
| <b>Emil Togsverd</b>         | <b>2005</b> | <b>00:59.61</b> | <b>20. maj</b> | <b>Esbjerg</b> | <b>AT Nr. 10</b> | <b>Frederik Venø Elling</b>  | <b>2003</b> | <b>01:01.08</b> | <b>22. jun</b> | <b>Nr.Sundby</b> | <b>AT Nr. 5</b> |
| Magnus Rantzau Vejvad        | 2008        | 01:02.28        | 17. nov        | Vallensbæk     |                  | Magnus Rantzau Vejvad        | 2008        | 01:08.62        | 30. jun        | Holstebro        |                 |
| Oliver Christensen           | 2003        | 01:04.05        | 20. maj        | Esbjerg        |                  | Frederik Rantzau Vejvad      | 2007        | 01:09.08        | 04. mar        | Aarhus           |                 |
| Frederik Rantzau Vejvad      | 2007        | 01:04.19        | 07. okt        | Hjørring       |                  | Zilas Vilsen                 | 2006        | 01:09.80        | 13. maj        | Aarhus           |                 |
| Zilas Vilsen                 | 2006        | 01:04.48        | 20. maj        | Esbjerg        |                  | Luca Stammose Mensberg       | 2009        | 01:13.13        | 30. jun        | Holstebro        |                 |
| Mikkel Mølgaard              | 2003        | 01:05.46        | 17. sep        | Horsens        |                  | Noah Bie Bock                | 2008        | 01:15.76        | 13. maj        | Aarhus           |                 |
| Luca Stammose Mensberg       | 2009        | 01:07.65        | 29. okt        | Ikast          |                  | Malte Haun                   | 2010        | 01:22.41        | 26. mar        | Herning          |                 |
| Noah Bie Bock                | 2008        | 01:11.04        | 20. maj        | Esbjerg        |                  | Oliver Odgaard               | 2009        | 01:22.57        | 13. maj        | Aarhus           |                 |
| Oliver Hallenberg            | 2011        | 01:12.29        | 29. okt        | Ikast          |                  | Silas Østlund                | 2009        | 01:27.06        | 13. maj        | Aarhus           |                 |
| Kortbane                     |             |                 |                |                | 200 Ryg          | Langbane                     |             |                 |                |                  |                 |
| <b>Simon Gaarde</b>          | <b>2007</b> | <b>02:01.83</b> | <b>02. nov</b> | <b>Esbjerg</b> | <b>AT Nr. 2</b>  | <b>Simon Gaarde</b>          | <b>2007</b> | <b>02:11.71</b> | <b>01. apr</b> | <b>Bellahøj</b>  | <b>AT Nr. 3</b> |
| Magnus Rantzau Vejvad        | 2008        | 02:18.01        | 02. nov        | Esbjerg        |                  | Zilas Vilsen                 | 2006        | 02:25.28        | 25. nov        | Herning          |                 |
| Zilas Vilsen                 | 2006        | 02:18.58        | 28. okt        | Ikast          |                  | Emil Togsverd                | 2005        | 02:26.40        | 25. nov        | Herning          |                 |
| Emil Togsverd                | 2005        | 02:18.85        | 16. sep        | Horsens        |                  | Luca Stammose Mensberg       | 2009        | 02:31.72        | 25. nov        | Herning          |                 |
| Luca Stammose Mensberg       | 2009        | 02:23.14        | 28. okt        | Ikast          |                  | Magnus Rantzau Vejvad        | 2008        | 02:33.76        | 29. jun        | Holstebro        |                 |
| Noah Bie Bock                | 2008        | 02:37.86        | 23. apr        | Haderslev      |                  | Oliver Odgaard               | 2009        | 02:41.50        | 25. nov        | Herning          |                 |
| Oliver Hallenberg            | 2011        | 02:43.52        | 25. feb        | Kolding        |                  | Mads Ivarsen                 | 2010        | 03:01.59        | 25. nov        | Herning          |                 |
| Oliver Odgaard               | 2009        | 02:43.91        | 18. jun        | Viborg         |                  | Silas Østlund                | 2009        | 03:04.37        | 25. mar        | Herning          |                 |
| Victor Johansen              | 2010        | 02:54.04        | 04. mar        | Lyseng         |                  | Asger Skov Dremark           | 2013        | 03:36.72        | 25. nov        | Herning          |                 |
| Silas Sejr Elgaard Jørgensen | 2011        | 02:55.87        | 18. jun        | Viborg         |                  |                              |             |                 |                |                  |                 |

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### Herrer

| Navn                        | Årg         | Tid             | Dato           | Sted              |                  | Navn                         | Årg         | Tid             | Dato           | Sted             |                 |
|-----------------------------|-------------|-----------------|----------------|-------------------|------------------|------------------------------|-------------|-----------------|----------------|------------------|-----------------|
| Kortbane                    |             |                 |                |                   | 50 Bryst         | Langbane                     |             |                 |                |                  |                 |
| <b>Oliver Christensen</b>   | <b>2003</b> | <b>00:28.61</b> | <b>14. dec</b> | <b>Greve</b>      | <b>KR</b>        | <b>Oliver Christensen</b>    | <b>2003</b> | <b>00:29.20</b> | <b>02. apr</b> | <b>Bellahøj</b>  | <b>KR</b>       |
| <b>Simon Gaarde</b>         | <b>2007</b> | <b>00:29.77</b> | <b>18. nov</b> | <b>Vallensbæk</b> | <b>AT Nr. 9</b>  | <b>Frederik Venø Elling</b>  | <b>2003</b> | <b>00:30.65</b> | <b>02. apr</b> | <b>Bellahøj</b>  | <b>AT Nr. 8</b> |
| Frederik Venø Elling        | 2003        | 00:30.56        | 17. sep        | Horsens           |                  | Mikkel Mølgaard              | 2003        | 00:32.77        | 25. nov        | Herning          |                 |
| David Adelskov              | 1987        | 00:30.97        | 13. jan        | Silkeborg         |                  | Emil Togsverd                | 2005        | 00:34.54        | 25. nov        | Herning          |                 |
| Mikkel Mølgaard             | 2003        | 00:33.52        | 13. jan        | Silkeborg         |                  | Oliver Hallenberg            | 2011        | 00:36.65        | 25. nov        | Herning          |                 |
| Malte Haun                  | 2010        | 00:36.17        | 27. okt        | Ikast             |                  | Zilas Vilsen                 | 2006        | 00:36.86        | 25. nov        | Herning          |                 |
| Oliver Hallenberg           | 2011        | 00:36.30        | 10. dec        | Aarhus            |                  | Noah Bie Bock                | 2008        | 00:37.98        | 25. mar        | Herning          |                 |
| Oliver Odgaard              | 2009        | 00:36.30        | 10. dec        | Aarhus            |                  | Malte Haun                   | 2010        | 00:39.38        | 25. nov        | Herning          |                 |
| Zilas Vilsen                | 2006        | 00:36.39        | 13. jan        | Silkeborg         |                  | Oliver Odgaard               | 2009        | 00:41.05        | 12. maj        | Aarhus           |                 |
| Noah Bie Bock               | 2008        | 00:37.03        | 13. jan        | Silkeborg         |                  | Mads Ivarsen                 | 2010        | 00:41.90        | 25. nov        | Herning          |                 |
| Kortbane                    |             |                 |                |                   | 100 Bryst        | Langbane                     |             |                 |                |                  |                 |
| Oliver Christensen          | 2003        | 01:03.04        | 21. maj        | Esbjerg           |                  | <b>Oliver Christensen</b>    | <b>2003</b> | <b>01:04.61</b> | <b>04. apr</b> | <b>Bellahøj</b>  | <b>KR</b>       |
| <b>Frederik Venø Elling</b> | <b>2003</b> | <b>01:04.50</b> | <b>21. maj</b> | <b>Esbjerg</b>    | <b>AT Nr. 10</b> | <b>Frederik Venø Elling</b>  | <b>2003</b> | <b>01:07.27</b> | <b>22. jun</b> | <b>Nr.Sundby</b> | <b>AT Nr. 8</b> |
| David Adelskov              | 1987        | 01:07.91        | 14. jan        | Silkeborg         |                  | Simon Gaarde                 | 2007        | 01:12.33        | 04. mar        | Aarhus           |                 |
| Mikkel Mølgaard             | 2003        | 01:09.32        | 14. jan        | Silkeborg         |                  | Mikkel Mølgaard              | 2003        | 01:14.48        | 20. jan        | Vejle            |                 |
| Oliver Hallenberg           | 2011        | 01:19.47        | 10. dec        | Aarhus            |                  | Emil Togsverd                | 2005        | 01:16.65        | 13. maj        | Aarhus           |                 |
| Oliver Odgaard              | 2009        | 01:19.64        | 10. dec        | Aarhus            |                  | Oliver Odgaard               | 2009        | 01:31.88        | 24. mar        | Herning          |                 |
| Malte Haun                  | 2010        | 01:20.50        | 29. okt        | Ikast             |                  | Oliver Hallenberg            | 2011        | 01:32.77        | 13. maj        | Aarhus           |                 |
| Magnus Rantzau Vejvad       | 2008        | 01:21.68        | 15. sep        | Horsens           |                  | Malte Haun                   | 2010        | 01:34.10        | 25. mar        | Herning          |                 |
| Jens Mikkelsen              | 1968        | 01:23.82        | 29. apr        | Ringe             |                  | Silas Sejr Elgaard Jørgensen | 2011        | 01:42.48        | 13. maj        | Aarhus           |                 |
| Luca Stammose Mensberg      | 2009        | 01:24.34        | 03. sep        | Horsens           |                  | Jonathan M. Jensen           | 2010        | 01:43.39        | 13. maj        | Aarhus           |                 |
| Kortbane                    |             |                 |                |                   | 200 Bryst        | Langbane                     |             |                 |                |                  |                 |
| <b>Frederik Venø Elling</b> | <b>2003</b> | <b>02:15.72</b> | <b>15. dec</b> | <b>Greve</b>      | <b>KR</b>        | <b>Frederik Venø Elling</b>  | <b>2003</b> | <b>02:26.09</b> | <b>01. apr</b> | <b>Bellahøj</b>  | <b>AT Nr. 6</b> |
| Mikkel Mølgaard             | 2003        | 02:27.81        | 19. nov        | Vallensbæk        |                  | Simon Gaarde                 | 2007        | 02:41.49        | 05. mar        | Aarhus           |                 |
| David Adelskov              | 1987        | 02:29.03        | 14. jan        | Silkeborg         |                  | Mikkel Mølgaard              | 2003        | 02:42.74        | 22. jan        | Vejle            |                 |
| Gustav Fløche Fuglsang      | 2002        | 02:29.81        | 14. jan        | Silkeborg         |                  | Emil Togsverd                | 2005        | 03:01.03        | 25. nov        | Herning          |                 |
| Oliver Christensen          | 2003        | 02:30.89        | 19. nov        | Vallensbæk        |                  | Oliver Odgaard               | 2009        | 03:13.97        | 14. maj        | Aarhus           |                 |
| Oliver Odgaard              | 2009        | 02:56.20        | 28. okt        | Ikast             |                  | Malte Haun                   | 2010        | 03:24.54        | 14. maj        | Aarhus           |                 |
| Noah Bie Bock               | 2008        | 02:59.36        | 21. apr        | Haderslev         |                  | Frederik Hammer              | 2011        | 03:45.79        | 25. nov        | Herning          |                 |
| Magnus Rantzau Vejvad       | 2008        | 02:59.51        | 21. apr        | Haderslev         |                  |                              |             |                 |                |                  |                 |
| Malte Haun                  | 2010        | 03:05.18        | 16. sep        | Horsens           |                  |                              |             |                 |                |                  |                 |
| Oliver Hallenberg           | 2011        | 03:12.16        | 26. feb        | Kolding           |                  |                              |             |                 |                |                  |                 |

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### Herrer

| Navn                           | Årg         | Tid             | Dato           | Sted           |                 | Navn                           | Årg         | Tid             | Dato           | Sted             |                 |
|--------------------------------|-------------|-----------------|----------------|----------------|-----------------|--------------------------------|-------------|-----------------|----------------|------------------|-----------------|
| Kortbane                       |             |                 |                |                | 50 Fly          | Langbane                       |             |                 |                |                  |                 |
| <b>Simon Gaarde</b>            | <b>2007</b> | <b>00:25.11</b> | <b>03. nov</b> | <b>Esbjerg</b> | <b>KR</b>       | <b>Emil Togsverd</b>           | <b>2005</b> | <b>00:25.96</b> | <b>05. jul</b> | <b>Gladsaxe</b>  | <b>AT Nr. 2</b> |
| <b>Frederik Rantzau Vejvad</b> | <b>2007</b> | <b>00:25.46</b> | <b>17. dec</b> | <b>Greve</b>   | <b>AT Nr. 3</b> | <b>Simon Gaarde</b>            | <b>2007</b> | <b>00:26.67</b> | <b>20. jan</b> | <b>Vejle</b>     | <b>AT Nr. 4</b> |
| Emil Togsverd                  | 2005        | 00:25.59        | 15. dec        | Greve          |                 | Frederik Venø Elling           | 2003        | 00:27.00        | 21. jan        | Vejle            |                 |
| Frederik Venø Elling           | 2003        | 00:26.64        | 06. okt        | Hjørring       |                 | Frederik Rantzau Vejvad        | 2007        | 00:27.07        | 25. mar        | Herning          |                 |
| Dennis Kinnerup                | 1988        | 00:27.32        | 29. apr        | Ringe          |                 | Mikkel Mølgaard                | 2003        | 00:27.63        | 25. nov        | Herning          |                 |
| Magnus Rantzau Vejvad          | 2008        | 00:27.95        | 03. nov        | Esbjerg        |                 | Magnus Rantzau Vejvad          | 2008        | 00:27.81        | 25. nov        | Herning          |                 |
| Mikkel Mølgaard                | 2003        | 00:28.62        | 14. jan        | Silkeborg      |                 | Oliver Christensen             | 2003        | 00:28.07        | 25. nov        | Herning          |                 |
| Noah Bie Bock                  | 2008        | 00:28.77        | 14. jan        | Silkeborg      |                 | Noah Bie Bock                  | 2008        | 00:28.47        | 25. nov        | Herning          |                 |
|                                |             |                 |                |                |                 | Zilas Vilsen                   | 2006        | 00:29.59        | 25. nov        | Herning          |                 |
| Malte Haun                     | 2010        | 00:31.83        | 10. dec        | Aarhus         |                 | Oliver Hallenberg              | 2011        | 00:33.06        | 25. nov        | Herning          |                 |
| Kortbane                       |             |                 |                |                | 100 Fly         | Langbane                       |             |                 |                |                  |                 |
| <b>Frederik Venø Elling</b>    | <b>2003</b> | <b>00:56.12</b> | <b>19. maj</b> | <b>Esbjerg</b> | <b>AT Nr. 2</b> | <b>Emil Togsverd</b>           | <b>2005</b> | <b>00:57.93</b> | <b>01. apr</b> | <b>Bellahøj</b>  | <b>AT Nr. 2</b> |
| Emil Togsverd                  | 2005        | 00:56.66        | 17. dec        | Greve          |                 | <b>Frederik Venø Elling</b>    | <b>2003</b> | <b>00:59.34</b> | <b>25. nov</b> | <b>Herning</b>   | <b>AT Nr. 7</b> |
| <b>Frederik Rantzau Vejvad</b> | <b>2007</b> | <b>00:57.27</b> | <b>05. nov</b> | <b>Esbjerg</b> | <b>AT Nr. 7</b> | <b>Frederik Rantzau Vejvad</b> | <b>2007</b> | <b>01:00.29</b> | <b>26. mar</b> | <b>Herning</b>   | <b>AT Nr. 9</b> |
| Simon Gaarde                   | 2007        | 00:58.92        | 19. maj        | Esbjerg        |                 | Mikkel Mølgaard                | 2003        | 01:02.98        | 25. nov        | Herning          |                 |
| Mikkel Mølgaard                | 2003        | 01:01.01        | 19. maj        | Esbjerg        |                 | Magnus Rantzau Vejvad          | 2008        | 01:06.92        | 27. jun        | Holstebro        |                 |
| Magnus Rantzau Vejvad          | 2008        | 01:01.97        | 19. dec        | Silkeborg      |                 | Noah Bie Bock                  | 2008        | 01:09.18        | 27. jun        | Holstebro        |                 |
| Oliver Odgaard                 | 2009        | 01:17.52        | 28. okt        | Ikast          |                 | Zilas Vilsen                   | 2006        | 01:10.44        | 25. nov        | Herning          |                 |
| Oliver Hallenberg              | 2011        | 01:27.57        | 18. mar        | Odder          |                 | Malte Haun                     | 2010        | 01:25.77        | 25. nov        | Herning          |                 |
| Jonathan M. Jensen             | 2010        | 01:27.95        | 28. okt        | Ikast          |                 | Silas Østlund                  | 2009        | 01:32.14        | 25. nov        | Herning          |                 |
| Silas Østlund                  | 2009        | 01:30.59        | 28. okt        | Ikast          |                 |                                |             |                 |                |                  |                 |
| Kortbane                       |             |                 |                |                | 200 Fly         | Langbane                       |             |                 |                |                  |                 |
| <b>Frederik Venø Elling</b>    | <b>2003</b> | <b>02:02.16</b> | <b>16. dec</b> | <b>Greve</b>   | <b>KR</b>       | <b>Mikkel Mølgaard</b>         | <b>2003</b> | <b>02:14.34</b> | <b>22. jun</b> | <b>Nr.Sundby</b> | <b>AT Nr. 4</b> |
| Emil Togsverd                  | 2005        | 02:12.28        | 16. dec        | Greve          |                 | Emil Togsverd                  | 2005        | 02:32.81        | 04. mar        | Aarhus           |                 |
| Mikkel Mølgaard                | 2003        | 02:16.57        | 14. jan        | Silkeborg      |                 |                                |             |                 |                |                  |                 |
| Noah Bie Bock                  | 2008        | 02:41.18        | 21. apr        | Haderslev      |                 |                                |             |                 |                |                  |                 |
| Oliver Odgaard                 | 2009        | 02:58.62        | 17. sep        | Horsens        |                 |                                |             |                 |                |                  |                 |
| Silas Østlund                  | 2009        | 03:30.36        | 17. sep        | Horsens        |                 |                                |             |                 |                |                  |                 |

## TOP 10 - 2023

Opdateret til og med 31. december 2023

### Herrer

| Navn                    | Årg  | Tid      | Dato    | Sted       | Navn       | Årg                   | Tid  | Dato     | Sted    |           |          |
|-------------------------|------|----------|---------|------------|------------|-----------------------|------|----------|---------|-----------|----------|
| Kortbane                |      |          |         |            | 100 Medley | Langbane              |      |          |         |           |          |
| Frederik Venø Elling    | 2003 | 00:55.96 | 14. dec | Greve      | KR         |                       |      |          |         |           |          |
| Simon Gaarde            | 2007 | 00:58.30 | 14. dec | Greve      | AT Nr. 6   |                       |      |          |         |           |          |
| Emil Togsverd           | 2005 | 01:00.28 | 19. maj | Esbjerg    |            |                       |      |          |         |           |          |
| Frederik Rantzau Vejvad | 2007 | 01:00.50 | 16. dec | Greve      |            |                       |      |          |         |           |          |
| Oliver Christensen      | 2003 | 01:00.92 | 19. nov | Vallensbæk |            |                       |      |          |         |           |          |
| Mikkel Mølgaard         | 2003 | 01:01.77 | 30. sep | Berlin     |            |                       |      |          |         |           |          |
| David Adelskov          | 1987 | 01:02.25 | 29. apr | Ringe      |            |                       |      |          |         |           |          |
| Zilas Vilsen            | 2006 | 01:03.97 | 19. maj | Esbjerg    |            |                       |      |          |         |           |          |
| Magnus Rantzau Vejvad   | 2008 | 01:06.18 | 17. sep | Horsens    |            |                       |      |          |         |           |          |
| Noah Bie Bock           | 2008 | 01:08.79 | 27. okt | Ikast      |            |                       |      |          |         |           |          |
| Kortbane                |      |          |         |            | 200 Medley | Langbane              |      |          |         |           |          |
| Frederik Venø Elling    | 2003 | 02:01.13 | 17. dec | Greve      | KR         | Frederik Venø Elling  | 2003 | 02:09.15 | 04. apr | Bellahøj  | AT Nr. 2 |
| Simon Gaarde            | 2007 | 02:12.57 | 07. okt | Hjørring   |            | Mikkel Mølgaard       | 2003 | 02:15.55 | 04. apr | Bellahøj  |          |
| Mikkel Mølgaard         | 2003 | 02:13.04 | 17. dec | Greve      |            | Oliver Christensen    | 2003 | 02:23.51 | 05. mar | Aarhus    |          |
| Emil Togsverd           | 2005 | 02:15.58 | 14. jan | Silkeborg  |            | Emil Togsverd         | 2005 | 02:25.04 | 20. jan | Vejle     |          |
| David Adelskov          | 1987 | 02:15.75 | 14. jan | Silkeborg  |            | Zilas Vilsen          | 2006 | 02:27.19 | 20. jan | Vejle     |          |
| Zilas Vilsen            | 2006 | 02:18.76 | 29. okt | Ikast      |            | Magnus Rantzau Vejvad | 2008 | 02:36.61 | 26. mar | Herning   |          |
| Oliver Christensen      | 2003 | 02:18.78 | 14. jan | Silkeborg  |            | Silas Østlund         | 2009 | 03:07.13 | 26. mar | Herning   |          |
| Frederik Rantzau Vejvad | 2007 | 02:28.56 | 14. jan | Silkeborg  |            |                       |      |          |         |           |          |
| Magnus Rantzau Vejvad   | 2008 | 02:29.89 | 23. apr | Haderslev  |            |                       |      |          |         |           |          |
| Luca Stammose Mensberg  | 2009 | 02:31.16 | 29. okt | Ikast      |            |                       |      |          |         |           |          |
| Kortbane                |      |          |         |            | 400 Medley | Langbane              |      |          |         |           |          |
| Frederik Venø Elling    | 2003 | 04:25.00 | 21. maj | Esbjerg    | KR         | Frederik Venø Elling  | 2003 | 04:41.77 | 24. jun | Nr.Sundby | AT Nr. 4 |
| Simon Gaarde            | 2007 | 04:45.35 | 13. jan | Silkeborg  |            | Zilas Vilsen          | 2006 | 05:08.04 | 02. jul | Gladsaxe  |          |
| Mikkel Mølgaard         | 2003 | 04:50.51 | 13. jan | Silkeborg  |            | Emil Togsverd         | 2005 | 05:22.60 | 22. jan | Vejle     |          |
| Zilas Vilsen            | 2006 | 04:54.27 | 06. jun | Silkeborg  |            | Magnus Rantzau Vejvad | 2008 | 05:32.17 | 25. nov | Herning   |          |
| Oliver Odgaard          | 2009 | 05:33.06 | 28. okt | Ikast      |            |                       |      |          |         |           |          |
| Noah Bie Bock           | 2008 | 05:36.52 | 22. apr | Haderslev  |            |                       |      |          |         |           |          |
| Magnus Rantzau Vejvad   | 2008 | 05:39.36 | 22. apr | Haderslev  |            |                       |      |          |         |           |          |
| Oliver Hallenberg       | 2011 | 05:59.84 | 17. jun | Viborg     |            |                       |      |          |         |           |          |
| Jonathan M. Jensen      | 2010 | 06:25.16 | 28. okt | Ikast      |            |                       |      |          |         |           |          |